# Early Detection is the Key to Successful Treatment.

**GET TESTED!** 



There is much discussion regarding recommendations for screening for prostate cancer and there is no general agreement in the medical community.

The North Texas Prostate Cancer Coalition supports the National Comprehensive Cancer Network (NCCN) guidelines for early detection of prostate cancer stating that if a man opts to participate in an early detection program, then obtaining a baseline PSA and DRE at ages 40 (high risk) to 45 can be useful.

#### Risk factors for prostate cancer are:

Age
Family History
Race

**Exposure to Agent Orange.** 

Note: Firefighters are also known to be of higher risk.

Are you well informed?

Are you aware of your risks?

Do you know your PSA?

Get Educated About Prostate Cancer!

### Support and Member Groups

50 Hoops, Dallas

CONTACTS

Pat & Ed Sanders; 972-517-1254 Tim Upshaw; 817-807-1453

## Fort Worth Prostate Cancer SG at Moncrief Cancer Institute

**FACILITATOR** 

Robert Hernandez, RN; 817-288-9841

ADDITIONAL CONTACT

Gayle Wilkins, MS, RN, OCN; 817-360-9354

#### Us TOO - Texas Health Presbyterian Plano

**FACILITATOR** 

Tom Dillon; 972-998-5221

#### **Us TOO - Medical City Dallas**

**FACILITATOR** 

Phillip Foreman; 972-566-3139

SURVIVOR CONTACT

Bruce Stahl; 972-235-6819

## Urology Research & Education Foundation, Dallas

**FACILITATOR** 

Angie Clark, RHIA; 214-695-1830

Please check our supporters on our Website

https://www.ntxpcacoalition.org

# Get Educated About Prostate Cancer North Texas Prostate Cancer



Healthy, but at risk?
Newly diagnosed?
Treated, but having questions?
Rising PSA after treatment?

# Get Basic Information. Talk to Survivors.



The North Texas Prostate Cancer Coalition (NTxPCC) was formed in early 2009 to augment the support services provided by medical institutions to better serve prostate cancer patients and survivors in the North Texas area. We provide information on prostate cancer and on important cancer-related local events.

Sharing information and experience with other survivors, partners and caregivers can provide increased knowledge and capability to work with your doctor to assure effective decision making. In addition to Coalition programs, local support groups offer monthly meetings for men with prostate cancer and partners involved in their support. Presentations by expert medical professionals and staff followed by discussion periods are essential to enhance survivor education.

The strength of NTxPCC lies in its website and in its survivors, who are the backbone of the Coalition projects. In addition to support group meetings, we offer a survivor chat for prostate cancer survivors, their partners, and caregivers. All material used is reviewed before being posted. NTxPCC will restrict its efforts to providing general prostate cancer information and not treatment advice.

#### NTxPCC Activities include

#### **Speakers Bureau**

NTxPCC offers presentations to local men's groups, aiming to increase prostate cancer awareness within the North Texas Community.

#### **Combined Speakers**

NTxPCC is assisted by local hospitals in offering events with well-known speakers addressing all survivor groups in the area. A Prostate Cancer Symposium, featuring top prostate cancer specialists, is being offered annually. Some of the NTxPCC members are conducting awareness seminars; prostate cancer survivors' events are offered by several of the affiliated medical hospitals.

#### **Health Fair and Screening Support**

NTxPCC is assisting awareness and early detection programs by supporting local communities and medical institutions during health fairs, testing and other awareness events.

#### NTxPCC Website

The website has grown to an impressive site including information on local events, local and national news, treatment options and related material. Prostate cancer news are researched and, in certain circumstances, approved for posting by medical advisors.

Check our activities, other events, as well as the newest information on prostate cancer on our website at

https://www.ntxpcacoalition.org

## NTxPCC Activities for Newly Diagnosed and Recurring Survivors

#### The Long Term Survivor (LTS) program

This program provides a list of long-term NTxPCC survivors. Feel free to call these survivors about their experience for specific treatments (see website). LTS members are also volunteering for hospital visits to newly treated survivors at selected hospitals.

#### NTxPCC Officers, 2025

David Hennessey
President

Bob Williams
Vice President

Tom Dillon
Treasurer/Past President

Gayle Wilkins
Secretary

Terry Theiss
Member-at-Large

| 469-207-9964
| 214-673-5464
| 214-673-5464
| 817-360-9354
| 817-360-9354

## We gratefully acknowledge our group of medical advisors:

Kevin D. Courtney, MD, PhD | UT Southwestern Medical Center Pat F. Fulgham, MD | Urology Clinics of North Texas

Adam Hollander, MD | Urology Partners of North Texas

Peter A. LaNasa, MD | USMD Prostate Cancer Center, Arlington FH (Trey) Moore III, MD | Urology Partners of North Texas

Claus G. Roehrborn, MD | UT Southwestern Medical Center Matthew D. Shuford, MD | Urology Clinics of North Texas

Daniel J. Sucato, MD | Texas Scottish Rites Hospital

Lalan S. Wilfong, MD | Texas Oncology